

FREE 2-HR TRAINING VIA ZOOM

PSYCHOLOGICAL FIRST AID



HOW TO SUPPORT PEOPLE
AFTER AN INTENSE EVENT BY:

SUPPORTING SAFETY
LISTENING
COMFORTING
CONNECTING
INSTILLING HOPE

All training is FREE of
charge. Sign up below and
we'll see you there!

CLASSES AVAILABLE:

THURSDAY, JULY 15 - 2:00 PM – 4:00 PM

MONDAY, AUGUST 16 - 9:30 AM – 11:30 AM

TUESDAY, SEPTEMBER 15 - 3:00 PM – 5:00 PM

WEDNESDAY, OCTOBER 13 - 11:00 AM – 1:00 PM

FRIDAY, NOVEMBER 5 - 11:00 AM – 1:00 PM

TUESDAY, DECEMBER 7 - 8:00 AM – 10:00 AM

SIGN UP NOW



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